

# SIZING CHART



## LADIES SIZES

SIZE	ALPHA SIZE	MEASUREMENT		
		BUST (cm)	WAIST (cm)	HIP (cm)
28	XS	77	58	83
30		81	62	87
32	S	85	66	91
34		89	70	95
36	M	94	75	100
38		99	80	105
40	L	105	86	111
42		111	92	117
44	XL	117	98	123
46		123	104	129
48	2XL	129	110	135
50		135	116	141
52	3XL	142	123	148
54		149	130	155
56	4XL	156	137	162
58		163	144	169
60	5XL	170	151	176
62		177	158	183



# SIZING CHART



## MENS SIZES

ALPHA SIZE	MEASUREMENT		
	NECK (cm)	CHEST (cm)	WAIST (cm)
XS	35	82	67
	36	87	72
S	37	92	77
	38	97	82
M	39	102	87
	40	107	92
L	41	112	97
	42	117	102
XL	43	122	107
	44	127	112
2XL	45	132	117
	46	137	122
3XL	47	142	127
	48	147	132
4XL	49	152	137
	50	157	142
5XL	51	162	147
	52	167	152